

## WHAT Do Parents Say About *Can We Talk* Rhode Island?

Parents were asked how the workshops have helped them communicate with their kids. Here is what Rhode Island parents had to say:

*"[The workshops] taught me how to empower my children to make better choices."*

– Participant, Warwick

*"I'm less intimidated to talk to my children about sensitive topics."*

– Participant, Exeter

*"My kids and I are closer now. We can talk about anything."*

– Participant, Cumberland



## HOW Can I Find Out More About *Can We Talk* Rhode Island?

To find out more about the workshops being offered in your area, contact:

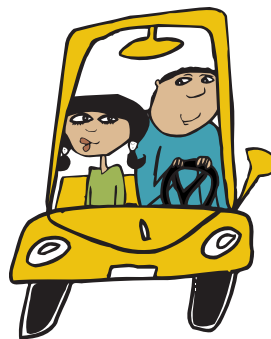
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# Hey, Rhode Island Parents! *Can We Talk?*

Getting  
Kids and Parents  
Talking About the  
Tough Stuff





## WHAT Is Can We Talk Rhode Island?

*Can We Talk Rhode Island?* is a series of four FREE workshops for parents just like you, designed to help you start discussions with your kids in grades 4 to 8 about:

- Self-esteem
- Puberty and sexuality
- Mixed messages in the media
- Peer pressure

Workshops are offered in locations around Rhode Island in both English and Spanish.

*"Kids are getting lots of information about sex — but not necessarily the right kind."*

— *Can We Talk? Organizers*

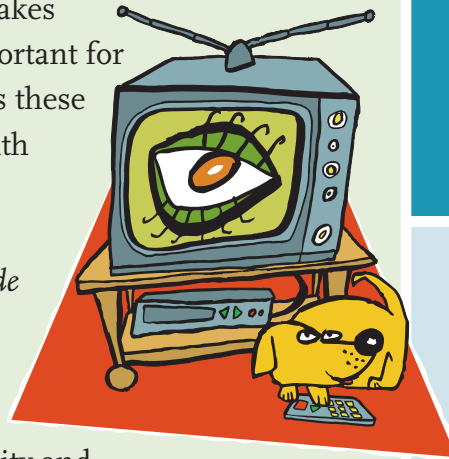
*"I pay more attention to what they watch on TV and we talk about it after. My kids feel more comfortable talking about sex with me."*

— *Participant, Cumberland*

## WHY Should I Attend Can We Talk Rhode Island?

Kids today are bombarded with mixed messages about sex and relationships. They are exposed to mixed messages on television, in advertising, and on the Internet. This makes it even more important for parents to discuss these tough subjects with their kids.

*Can We Talk Rhode Island?* helps you become more comfortable discussing sexuality and health with your kids, and provides you with opportunities for discussion practice at home and during the workshops.



## HOW Will Can We Talk Rhode Island? Help Me Talk With My Kids?

In the workshops, you will learn more about important issues facing your kids, including alcohol, drugs, and HIV/AIDS. You'll get advice from trained facilitators, and talk with other parents about how to bring up sensitive topics at home.

*"[The workshops] gave me the courage to initiate conversations about puberty and sex. It was comforting to know that other parents struggle with the same topics."*

— *Participant, Providence*

The workshops will give you tips for:

- Communicating without confronting;
- Respecting different perspectives;
- Role modeling positive behaviors;
- Clarifying family values; and
- Having the conversation that can help prevent sexually transmitted diseases, teen pregnancy, substance abuse, and violence.